



Bell Schedule – NO FLEX

Monday, December 2, 2024

Block 1	8:00 - 9:12
Block 2	9:16 - 10:28
Block 3	10:32 – 11:44
Lunch	11:44 – 12:28
Period 4	12:32 – 1:44
Period 5	1:48 – 3:00

FLEXpectations

FLEX is instructional time, not a break!



- >Go to one of your four classes
- ➤ No cell phone use
- ➤Only Grade 125 in the Grand Hall
- >Library is for quiet work only
- ➤ Where you start is where you finish, no moving from class to class

No homework? Read, Study, Review

YEARBOOK – NAMES FOR APPROVAL

- The yearbook team needs your help!
- There are sheets of paper taped to the counselling office window with the names of all Grade 9–12 students. These names are how the photo company has spelled them for the yearbook.
- It's **your responsibility** to check the list and make sure your name is spelled correctly. If you want a different name (like a nickname or an adjusted version of your legal name) to appear in the yearbook, you need to let me know by **Friday, December 13**.
- If you don't check and confirm by this deadline, we won't be able to fix any typos or errors later.
- To make changes, email me at cmiklossy@sd43.bc.ca before December 13.
- Thank you for your attention to this!

Attention Grade 12s

If you have not been added to a Grad Microsoft Team please submit your graduation quote and baby photo to Ms. Miklossy at cmiklossy@sd43.bc.ca before December 13.

"One of the lessons that I grew up with was to always stay true to yourself and never let what somebody else says distract you from your goals." —Michelle Obama

"Oh, the places you'll go." –Dr. Seuss

"Nothing is impossible, the word itself says 'I'm possible!" —Audrey Hepburn



Greater Vancouver Food Bank is looking for volunteers

Date: December 6th, 12th, 17th, 20th

Location: 8345 Winston St.

Attire: You will be provided with a KWAP hoodie, but you can bring your own if you have one.

Job(s): Sorting produce and foods

Volunteers need to be at least 16 years old.

This is a first come first serve basis with limited spots. Volunteers can sign up through the excel sheet attached below. Please make sure to fill out the form in the link below.

https://content.betterimpact.com/files/agency/27461/Volunteer%20Consent%20form%20Under%2018%202021.pdf

WET PAINT

The visual arts class is painting the Port Moody Street Banners in the hallway by the art room 214, back entrance area. The temporary easel setup will be done by November 28th. Thank you for your understanding and patience. Please feel free to check us out as each banner transforms a little a day.

Please be aware of WET PAINT

Lost and Found

Please come to the office to claim your lost items. We currently have the following:

- HP Laptop
- Single airpods

KWAP WINTER CLOTHING DRIVE



Winter Clothing of All Sizes







Nov 18th - Dec 15th

Drop Off in Front of the Theatre







Rudolph Run 5KM

- Event Details:
- When: Saturday, December 7th, 2024, at 11:00 AM
- What: 5km race & 1 km Kids Run (FREE)
- Where: Mundy Park, Coquitlam
- Why: Celebrate the holidays, stay active, and support the SHARE Food Bank!
- Register Now: Sign up today at www.kaminorunning.ca and help spread holiday magic!
- Let's celebrate the season together—with kindness, community, and a little Rudolph-style running!

Next Meeting:

December 5th, Thursday

4:00-5:30@Pinetree

Secondary in the learning

commons





JOIN THE SLC SECONDARY PROGRAM

Do you....

- · Value student voice
- Join SD43's Student

Leadership Council!

open to all SD43 secondary students, no application necessary!



HWSS Food Drive

Donate any Non-perishable Food Items to your Block 3 class from Dec 2-17. The class with the most items by the 17th will win a pizza lunch!



Additional Food Items
may be donated on
Friday, December 20th in
front of the theatre!

CLUBS



BUSINESS CLUB

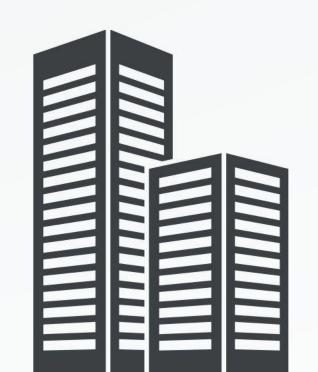
Hello Students of Heritage Woods! Would you be interested in:

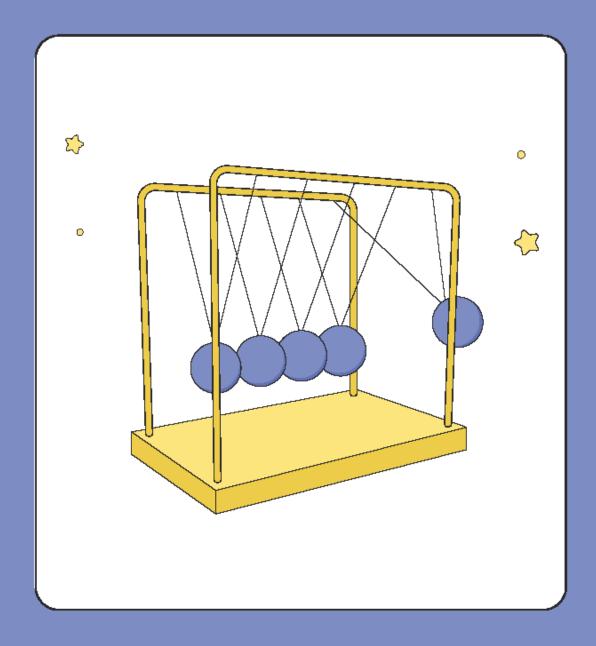
- Discussing current events . S Analyzing Shark Tank Entrepreneurs
- Stock Market Simulation Game
 - Case Studies

JOIN BUSINESS CLUB!!



Meeting every Tuesday in room 301 at lunch!!!





Compete in the PHYSICS

JEOPARDY

\$25 prize

Hosted by Physics Club

December 5th Room 304 at Lunch No sign up required

BOBA TEA ON SALE!!!

Remember Cash Only!!!



BOBA TEA FUNDRAISING

Hello Kodiaks! Multicultural Club and Coco Bubble Tea are excited to bring to you the Boba Tea Fundraising event on December 5th, 2024!

The money raised will be donated to the children organization in Gaza. Preorder now and pick up on December 5th during lunch in the Grand Hall.

For More Information

Contact us on Teams or feel free to send us emails.

127-syin@sd43.bc.ca

DATE: 5 DECEMBER

COST: \$6 each



Scan the QR code and sign up!





SURVEY

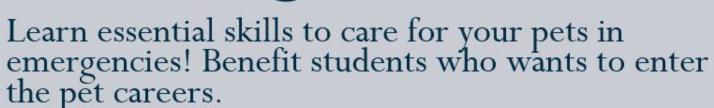
Please fill out this survey to help our STEAM Ambassadors.

Thank you for your help!

Pet Pals Club

Pet First Aid Training





Date: Monday December 9
Time/location: 9am-6pm at school
Price: \$80 (paid through school cash online)



Scan to sign-up!!

Students will be excused from their classes!



KODIAK ATHLETICS





The SR Girls Volleyball
Team is competing
November 28th - 30th
at Earl Marriot
Secondary.

Good luck at Provincials!



Congratulations to our Kodiak Wrestlers on your achievement and participation at the Ice Breaker Invitation Match this week!



CAREER



INDIGENOUS STUDENT POSTSECONDARY FAIR

Come learn about opportunities for Indigenous Youth from a range of Post Secondary Schools and Programs

WHEN:

WEDNESDAY DECEMBER 4, 2024

TIME:

COME ANYTIME 3-7 PM

WHERE:

EDUCATION LEARNING CENTER 1080 WINSLOW AVENUE

Free to Attend

Open to Grades 9-12 Bring a friend!

Schools in Attendance

- UBC
- 🥝 SFU
- O NICOLA VALLEY INSTITUTE OF TECHNOLOGY
- JUSTICE INSTITUE BC
- O UVIC
- EMILY CARR
- O UBC MEDICINE
- ACCESS
- OUGLAS COLLEGE
- LANGARA COLLEGE
- (NITEP)

Snacks



Admission Changes for Douglas College Psychiatric Nursing Academic Foundations



- Effective immediately a temporary variance has been put in place to reduce the current Academic Foundations of Psychiatric Nursing admission requirements.
- They will now match the General Admission Requirements.
- Please note this is only for psychiatric nursing.





2025 Junior Firefighter Programs

School District No. 43 is partnering with **both**Coquitlam Fire Rescue and Port Moody Fire Rescue to
offer two different junior firefighting programs for 2025.

These programs are open to SD43 students in grades 11 and 12, and help applicants understand the basic physical and educational components required of new recruits in the fire service.

EDUCATIONAL COMPONENT

Tests knowledge of firefighting equipment and fire behavior

PRACTICAL COMPONENT

Tests endurance and teamwork skills



Applications are open Nov. 1–Dec. 6, 2024 Scan the QR code or go to 43 careers.com

- The Coquitiam academy runs out of 1300 Pinetree Way.
- The Port Moody academy runs out of 150 Newport Drive.









- APPLICATION DEADLINE (DEC. 06) IS A HWSS PRO-D SO YOU MUST HAND IN COMPLETED APPLICATIONS TO MS. BUTLER OR YOUR COUNSELLOR BY 3:30PM DEC. 05.
- NO LATE OR INCOMPLETE
 APPLICATIONS WILL BE ACCEPTED

Community





Youth Swiftie Skate

This youth skate for grades 6-12 will feature all Taylor Swift music, and youth are encouraged to bring and exchange friendship bracelets throughout the night!



Friday, Dec 6 8-9:15pm

Check in and bag check begins at 7:30pm

Visit portmoody.ca/signmeup to register.





Holiday Camp for Youth

Monday, Tuesday and Friday, Dec 23-27 Mon, Tues, Thurs and Fri, Dec 30-Jan 3 9am-3pm Recreation Complex Activities may include:

Bowling	Extreme Air Park	Laser Tag
Ice Skating	Sports	Swimming

Visit portmoody.ca/signmeup to register NOW!

@pomoyouth | portmoody.ca/Youth | 604.469.4556

CITY OF THE ARTS